

# Committee-of-the-Whole Minutes

Tuesday, March 1, 2016

**PRESENT:** Mayor Scott Raes (*Chair*)  
Alderman Quentin Rodriguez (*Ward 1*) *Electronically*  
Alderman David Parker, Jr. (*Ward 2*)  
Alderman Mike Wendt (*Ward 3*)  
Alderman John Zelnio (*Ward 4*)  
Alderman Kevin Schoonmaker (*Ward 6*)  
Alderman Sean Liddell (*Ward 7*)  
Alderman Stephanie Acri (*Alderman At-Large*)

**ABSENT:** Alderman Lori Turner (*Ward 5*)

**STAFF:** Lew Steinbrecher, City Administrator  
Maureen Riggs, City Attorney  
Tracy Koranda, City Clerk  
Ray Forsythe, Planning & Development Director  
Alison Fleming, Human Resources Manager  
Lori Wilson, Parks Recreation Director  
Nate Scott, Information Technology Manager  
Bryon Lear, Library Director  
Kim Hankins, Public Safety Director  
Todd Allen, Battalion Chief  
Jeff Snyder, Battalion Chief  
Scott Hinton, City Engineer  
Kathy Carr, Finance Director  
Jeff Anderson, City Planner  
Mike Waldron, Public Works Director  
Shawn Christ, Land Development Manager  
JD Schulte, Fleet Services Manager

**OTHERS:** Lynn Hunt, Quad Cities Convention & Visitors Center  
Mike Hoerner, Healthcheck 360  
Sara Dickinson, Cottingham and Butler  
Nikki Goldsmith, Cottingham and Butler  
Anthony Watt, The Dispatch

Mayor Raes called the meeting to order at 6:30 p.m. in Council Chambers.

## **Proclamation**

A Proclamation from the Quad Cities Convention and Visitors Bureau to declare March 7 – 13, 2016 as “Missouri Valley Conference Women’s Basketball Tournament Week.”

## **Presentation**

Alison Fleming, Human Resources Manager, introduced Mike Hoerner from Healthcheck 360 and Sara Dickinson and Nikki Goldsmith from Cottingham and Butler who gave an overview of the attached detail on the update on Employee Wellness Program.

**Agenda Items**

1. **A Resolution approving the Final Plat for Hawk Hollow (City of Moline, 600 block of 8<sup>th</sup> Street).** Shawn Christ, Land Development Manager, stated that this will advance approval of the Final Plat for Hawk Hollow, which will consist of a 2.3 acre development located on the West side of the 600 block of 8<sup>th</sup> Street. On March 19, 2015, the Zoning Hearing Officer approved a front yard setback variance to allow building to be constructed 20 feet from the front property line. On April 21, 2015, Council approved the preliminary plat. A motion was made by Alderman Zelnio to approve. Seconded by Alderman Liddell. Motion passed unanimously.
2. **A Resolution declaring the following Article 36 seized and forfeited vehicle as surplus property: 2002 Chevrolet Cavalier, VIN# 1G1JF524527473797.** Kim Hankins, Chief of Police/Public Safety Director, explained that Illinois State statute provides that law enforcement agencies may seize vehicles used during the attempt or commission of specific crimes and subsequently initiate forfeiture proceedings on those vehicles. The above vehicle has been forfeited to the police department, and City staff is requesting that it be declared as surplus property and disposed of by the Chief of Police/Public Safety Director through the legal disposal process that is most advantageous to the City, whether sealed bid, auction, negotiation, or otherwise. A motion was made by Alderman Schoonmaker to approve. Seconded by Alderman Wendt. Motion passed unanimously.
3. **A Resolution authorizing the IT Manager to purchase a Trimble R8s GPS system from Precision Midwest.** Nate Scott, IT Manager, indicated that this is a planned and budgeted replacement of a survey-grade GPS system, which is used by Engineering and Utilities staff for asset management and construction planning. The Magellan unit to be replaced was purchased in 2009 and has outlived its usefulness. Trimble is the preferred brand due to staff familiarity, its proven reference network, and demonstrated reliability. Precision Midwest is the sole authorized Trimble Reseller of Trimble branded survey products in Illinois & Iowa and is therefore the sole source vendor for this purchase, quoted at \$21,075. This price is \$3,425 under budget and includes a \$2,000 trade-in of the Magellan unit. A motion was made by Alderman Zelnio to approve. Seconded by Alderman Parker. Motion passed unanimously.
4. **A Resolution authorizing the IT Manager to accept a proposal for the installation of a Liebert PX029 HVAC system for the IT server room from Johnson Controls.** Nate Scott, IT Manager, stated that the City's server room must be maintained at a constant temperature and humidity in order to maximize uptime of all systems. The current HVAC system, which was installed in 2009, is not adequate. It consists of a residential unit that runs 24 hours a day, seven (7) days a week to maintain the base temperature with no humidity control and a backup unit which is not vented properly and is inadequate to maintain operations if the main unit should fail. Staff consulted with a vendor-neutral HVAC professional and determined the best model for the City's server room to be a Liebert PX029. Staff published a Request For Proposals for this system and received five (5) responses. Johnson Controls submitted the proposal most advantageous to the City based on price with a cost of \$56,860. A motion was made by Alderman Parker to approve. Seconded by Alderman Acri. Motion passed unanimously.
5. **A Resolution authorizing the Mayor and City Clerk to execute Licensing Agreements for 2016 Special Event approved applications for use of the public right-of-way, and on City property known as Bass Street Landing Plaza, the Historic Block Courtyard, and Parking Lot U; and amplified sound during 2016 approved Special Events to no later than 10:00 p.m. daily on City property known as Bass Street Landing Plaza; 10:00 p.m. Sundays through Thursdays and no later than 11:00 p.m. Fridays and Saturdays and Parking Lot U; and amplified sound during 2016 approved Special Events to no later than 10:00 p.m. Sundays through Thursdays and 12:00 midnight Fridays and Saturdays on City property known as the Historic Block Courtyard.** Tracy Koranda, City Clerk, explained that this resolution will streamline the Special Events procedure and provide efficient customer service. Each individual street closure and highway permit will continue to be presented to the Council for approval.

Security issues, traffic detail, insurance requirements, and all essential licenses will continue to be reviewed and approved by the Special Events Committee. A motion was made by Alderman Parker to approve. Seconded by Alderman Wendt. Motion passed unanimously.

- 6. An Ordinance amending Chapter 20, “MOTOR VEHICLES AND TRAFFIC,” of the Moline Code of Ordinances, Sections 20-5103 and 20-5206, regarding unattended motor vehicles, by repealing Section 20-5103 in its entirety and enacting in lieu thereof one new Section 20-5103 dealing with the same subject matter, and by repealing Section 20-5206 in its entirety; and Sections 20-1101(31), 20-5120(b)(2) and 20-5120(f)(2) by amending the violation and violation fee provisions pertaining to Section 20-5206.** Maureen Riggs, City Attorney, indicated that Section 20-5103 of the Code of Ordinances pertains to unattended motor vehicles, specifically, the proper operation and parking of a vehicle prior to leaving it unattended (stopping, standing and parking). Section 20-5206 of the Code, under Division 2, “SNOW REMOVAL,” provides that an unattended motor vehicle parked on any street of the City for a period of time in excess of 48 hours is a violation of the Code and that City police officers are required to effect removal of the vehicle from the street. City staff wishes to amend the Code by combining these sections to clarify the intent of the provisions, that any unattended motor vehicle, and not just those left unattended during periods of declared snow routes and snow removal, shall be tagged for removal by the City if parked on a City street in excess of 48 hours. Corresponding amendments will be made to Sections 20-1101(31), 20-5120(b)(2) and 20-5120(f)(2) to assign the violation and violation fee provisions for the repealed Section 20-5206 to Section 20-5103. These amendments will not affect the Code’s separate provisions at Chapter 20, Article VII, Division 4, regarding the City’s enforcement of abandoned and inoperative motor vehicles. A motion was made by Alderman Zelnio to approve. Seconded by Alderman Liddell. Motion passed unanimously.
- 7. A Ordinance amending Chapter 20, “MOTOR VEHICLES AND TRAFFIC,” of the Moline Code of Ordinances, Section 20-4407, “RESTRICTIONS ON LEFT TURNS,” by repealing said section in its entirety and enacting in lieu thereof one new Section 20-4407 entitled “RESTRICTIONS ON LEFT TURNS; RIGHT TURNS ONLY,” dealing with the same subject matter; and by enacting one new appendix to Chapter 20 entitled “APPENDIX 2A. RIGHT TURNS ONLY.”** Scott Hinton, City Engineer, stated that the Moline Code of Ordinances contains a section for restrictions on left turns at intersections, but does not contain a section related to right turn only intersections. The Traffic Engineering Committee received a request for a right turn only intersection and approved the request at its February 2, 2016 Committee meeting. This amendment will amend Section 20-4407 to include a provision for right turn only intersections pursuant to the Committee’s determination that such a need is valid. This amendment will also enact a corresponding appendix to Chapter 20 entitled “APPENDIX 2A. RIGHT TURNS ONLY,” to list the location of the current request upon City Council approval and any future approvals of this type. A motion was made by Alderman Wendt to approve. Seconded by Alderman Schoonmaker. Motion passed unanimously.
- 8. A Resolution authorizing the Mayor and City Clerk to execute a Temporary Technical Assistance Agreement with Missman, Inc., Shive-Hattery, Inc., TEAM Services, Terracon Consultants, Inc., and American Testing and Engineering, LLC to help the Engineering Division Implement the FY 2016 Capital Improvement Program.** Scott Hinton, City Engineer, explained that annually, the City enters into several “Temporary Technical Assistance” agreements with local engineering firms to establish hourly rates for engineering services. These services are used to handle overflow engineering work and provide expertise that City staff does not possess. A motion was made by Alderman Parker to approve. Seconded by Alderman Liddell. Motion passed unanimously.
- 9. A Resolution authorizing the Mayor and City Clerk to execute a Contract with Centennial Contractors of the Quad Cities, Inc. for Project #1244, 34<sup>th</sup> Avenue Pavement Replacement and Resurfacing, in the amount of \$414,329.41.** Scott Hinton, City Engineer, indicated that bids were opened and publicly read on February 9, 2016, for Project #1244 with the following results:

|              |   |
|--------------|---|
| \$414,329.41 | Centennial Contractors of the Quad Cities, Inc. |
| \$498,442.75 | Walter D. Laud, Inc.                            |
| \$517,913.69 | Valley Construction Company                     |
| \$548,832.75 | McCarthy Improvement Company                    |
| \$579,566.65 | Brandt Construction Company                     |

Centennial Contractors of the Quad Cities, Inc. submitted the lowest responsible and responsive bid. A motion was made by Alderman Parker to approve. Seconded by Alderman Zelnio. Motion passed unanimously.

**10. A Resolution authorizing the Mayor and City Clerk to approve of a request for an additional street light on 2<sup>nd</sup> Street, between 24<sup>th</sup> Avenue Court and 27<sup>th</sup> Avenue Court.** Scott Hinton, City Engineer, stated that Staff received a request for an additional street light on 2<sup>nd</sup> Street between, 24<sup>th</sup> Avenue Court and 27<sup>th</sup> Avenue Court. An investigation revealed that installing a street light in said location is justified under the Residential Street Light Policy. A motion was made by Alderman Parker to approve. Seconded by Alderman Acri. Motion passed unanimously.

**11. A Resolution authorizing the Mayor and City Clerk to execute a Contract with Tri City Blacktop, Inc. for Project #1241, 2016 Seal Coat Program, in the amount of \$129,255.00.** Scott Hinton, City Engineer, explained that bids were opened and publicly read on February 23, 2016, for Project #1241 with the following results:

|              |                         |
|--------------|-------------------------|
| \$129,255.00 | Tri City Blacktop, Inc. |
| \$137,025.00 | Brandt Construction Co. |

Tri City Blacktop, Inc. submitted the lowest responsible and responsive bid. A motion was made by Alderman Zelnio to approve. Seconded by Alderman Wendt. Motion passed unanimously.

**12. A Resolution authorizing the Mayor and City Clerk to execute a Contract with Centennial Contractors of the Quad Cities, Inc. for Project #1238, 2016 Sidewalk Replacement Program, in the amount of \$306,375.00.** Scott Hinton, City Engineer, indicated that bids were opened and publicly read on February 23, 2016, for Project #1238 with the following results:

|              |   |
|--------------|---|
| \$306,375.00 | Centennial Contractors of the Quad Cities, Inc. |
| \$329,829.50 | Valley Construction Company                     |
| \$345,400.00 | Emery Construction Group, Inc.                  |
| \$357,925.00 | Walter D. Laud, Inc.                            |

At the request of Deere and MetroLINK, the bid pricing includes \$155,500.00 to replace the brick pavers in the boulevard adjacent to the Deere Pavilion and Centre Station. Deere and MetroLINK will reimburse the City for all costs incurred to perform this work. Centennial Contractors of the Quad Cities, Inc. submitted the lowest responsible and responsive bid. A motion was made by Alderman Liddell to approve. Seconded by Alderman Acri. Motion passed unanimously.

**13. Other - A Resolution authorizing the Mayor and City Clerk to execute a Memorandum of Understanding with the Illinois Department of Transportation (“IDOT”); and authorizing City staff to do all things necessary to effectuate the terms of the agreement contained therein.** Maureen Riggs, City Attorney, stated that in conjunction with the Interstate 74 Iowa-Illinois Corridor Project (“Project”), the City and IDOT seek to reach an agreement as to real property in the vicinity of the Project. This Memorandum of Understanding would allow for the conveyance of certain property that is not needed for the Project to the City, would give the City the right of first refusal for excess property once the new Interstate 74 is built, and would ensure access to property in the vicinity of the Project during construction. A motion was made by Alderman Parker to approve. Seconded by Alderman Wendt. Motion passed unanimously.

**Informational**

Scott Hinton, City Engineer, gave an overview of the detail that was attached to the agenda regarding building maintenance of City owned property.

The meeting adjourned at 7:20 p.m.

Respectfully submitted,

A handwritten signature in cursive script, appearing to read "Tracy A. Koranda".

*Tracy A. Koranda*  
City Clerk



PERFORMANCE-BASED WELLNESS

PRESENTED BY Mike Hoerner & Sara Dickinson

HealthCheck360°

HEALTHCHECK360.COM  
866.511.0360

# CITY OF MOLINE EXECUTIVE REVIEW 2015

HealthCheck360°

03/01/2016

# PROGRAM SNAPSHOT

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- **Program**
  - On-Site Biometric Screen, online Health Risk Assessment Survey, Health Coaching calls for those who score less than 70
- **Eligibility**
  - Employees, retirees under 65 and spouses on health plan
- **Current Structure**
  - Participation-based
    - Participants must complete screening, survey and coaching calls if required by score



# GOALS AND FINDINGS

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- **Goals**

- Raise average total score while drawing more participants into the program
- Improve upon 2014 top risks
  - Total Cholesterol – 26.9% at high or very high risk
  - BMI – 12.8% at high or very high risk
  - Nicotine – 12.1% at high or very high risk

- **Findings from 2015 Screens**

- Total Score improved from 76.0 to 80.6 from 2014 to 2015
  - Total score among repeats improved from 76.0 to 81.1
- # of participants decreased from 461 to 429
- Top 3 Risk Factors:
  - Total Cholesterol – 14.9% at high or very high risk
  - BMI – 13.5% at high or very high risk
  - Nicotine – 10.0% at high or very high risk



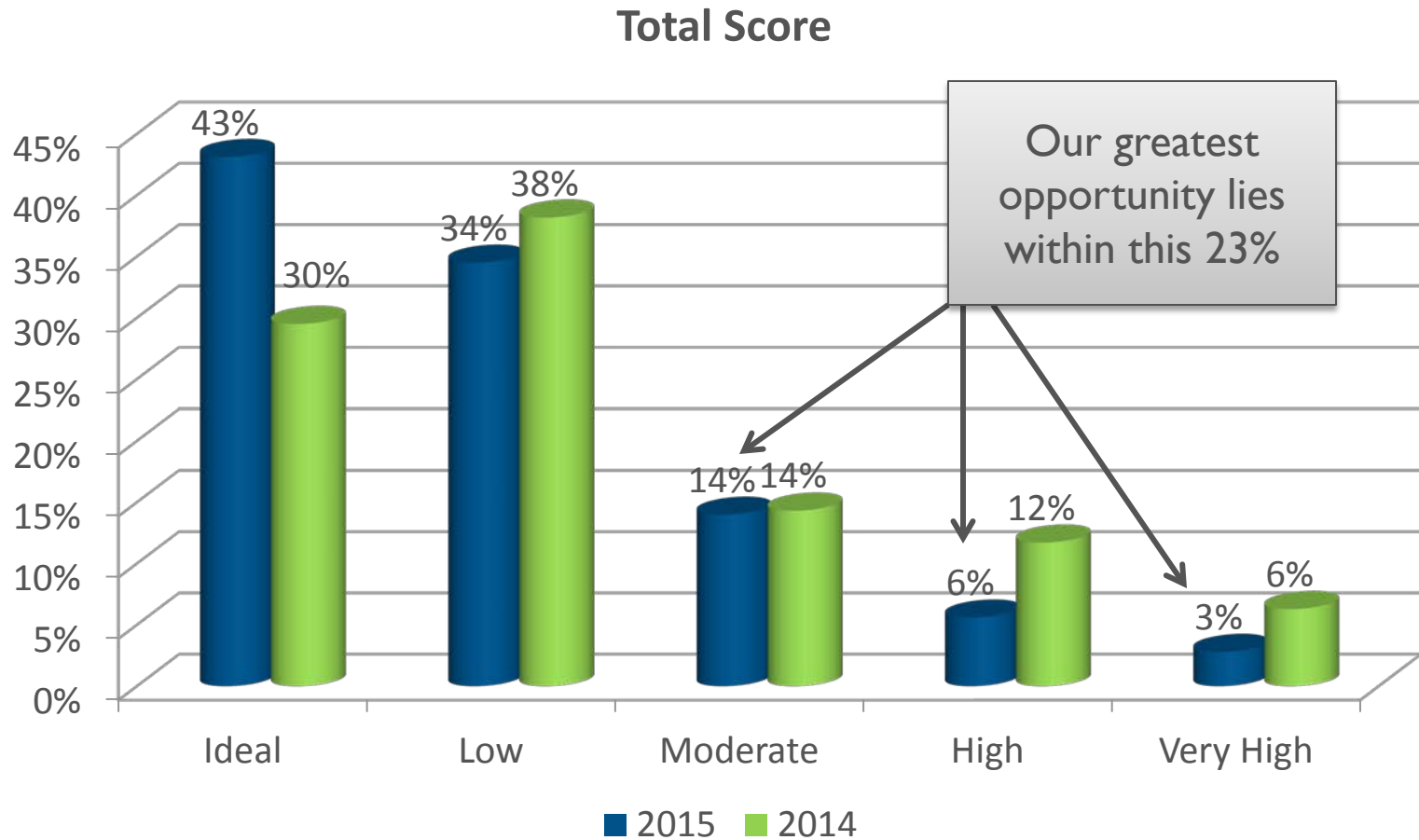
# OVERALL HEALTH SCORE COMPARISON

|                                | #Participants | Average Score | Average Age |
|--------------------------------|---------------|---------------|-------------|
| <b>City of Moline 2015</b>     | <b>429</b>    | <b>80.6</b>   | <b>46</b>   |
| Repeat Participants            | 388           | 81.1          | 45          |
| <b>Employees/Retirees 2015</b> | <b>275</b>    | <b>79</b>     | <b>47</b>   |
| <b>Spouses 2015</b>            | <b>154</b>    | <b>83</b>     | <b>45</b>   |
| City of Moline 2014            | 461           | 76.0          | 44          |

## HealthCheck360° Clients

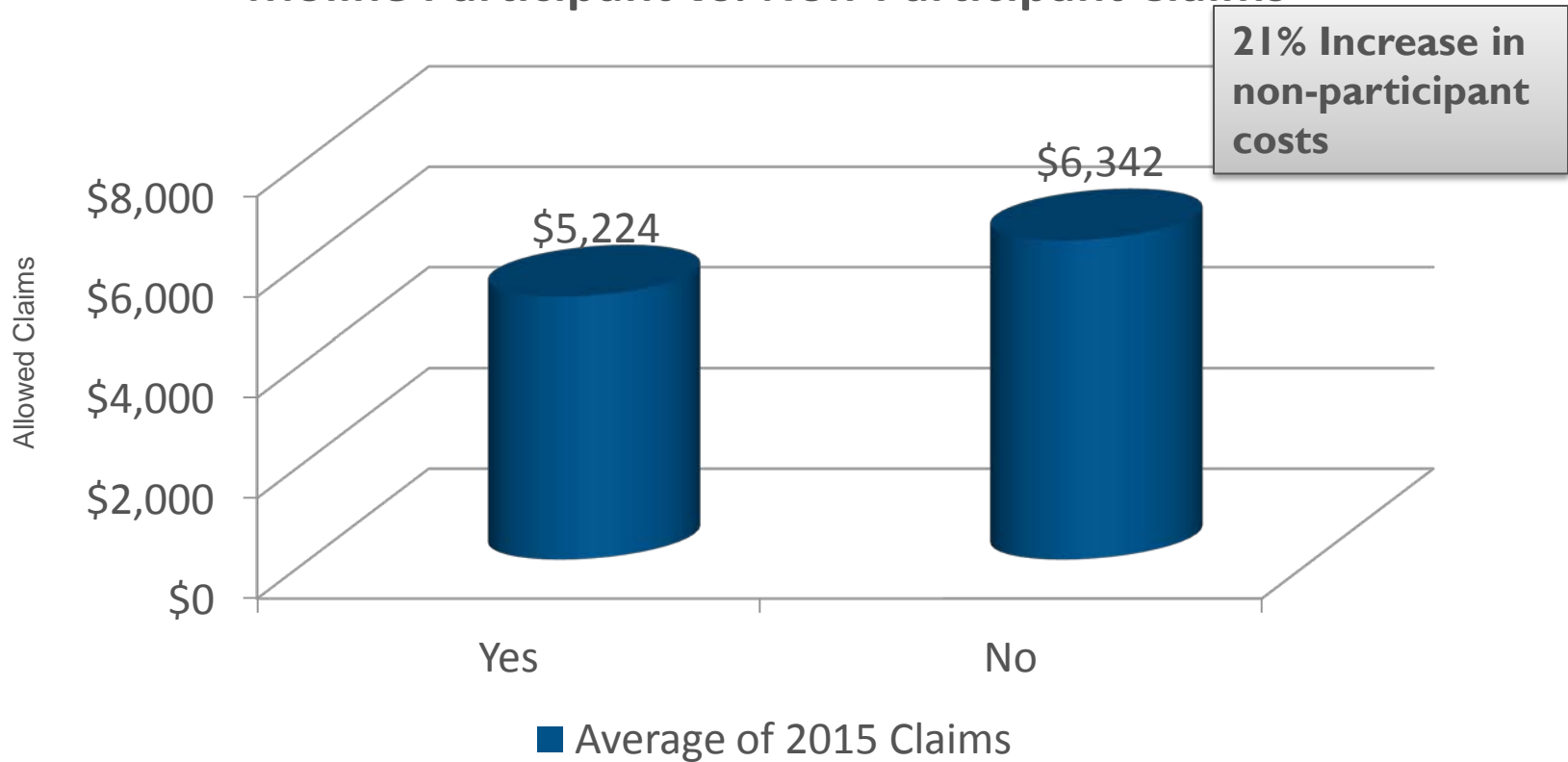
| Benchmark      | Average Score | Average Age |
|----------------|---------------|-------------|
| Municipalities | 76.9          | 46          |
| All Clients    | 75.3          | 45          |

# OVERALL HEALTH SCORE COMPARISON



# IMPORTANCE OF PARTICIPATION

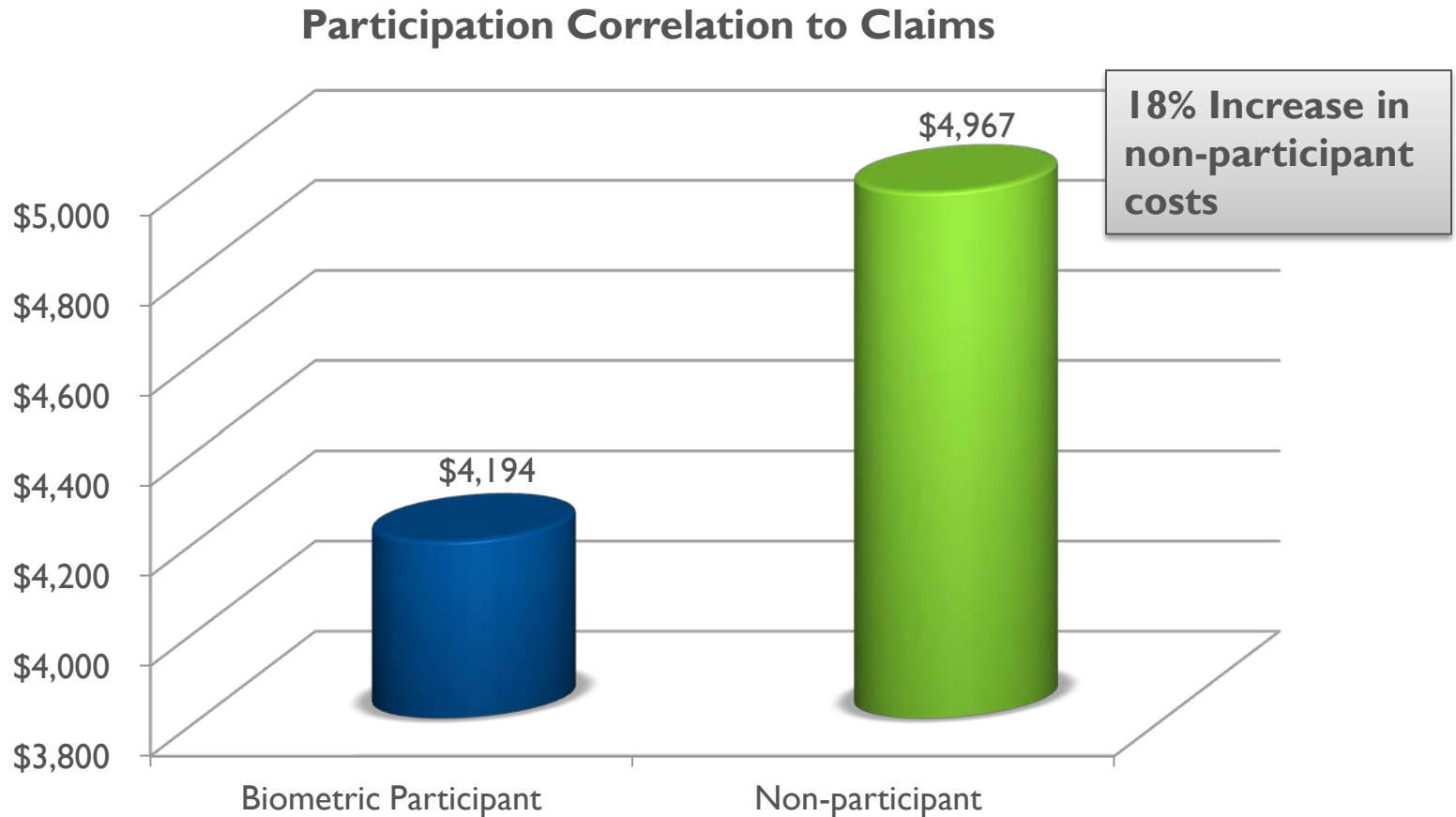
## Moline Participant vs. Non-Participant Claims



City of Moline Allowed Claims

PERFORMANCE-BASED WELLNESS

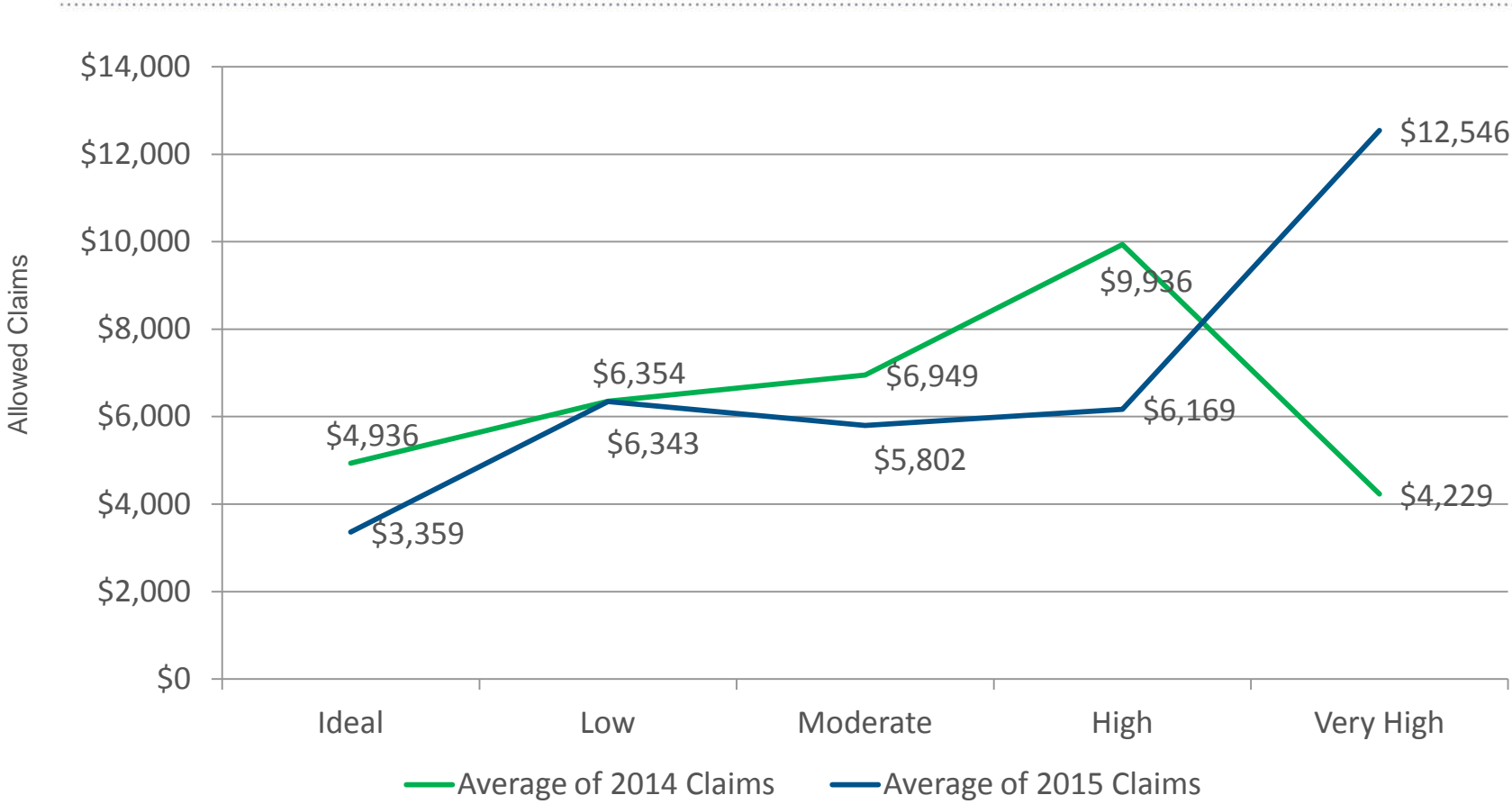
# IMPORTANCE OF PARTICIPATION



HC360 Sample Population Study, N=10,262 - 2012

PERFORMANCE-BASED WELLNESS

# CITY OF MOLINE TOTAL SCORE CORRELATION TO CLAIMS



City of Moline Allowed Claims

PERFORMANCE-BASED WELLNESS

# AWARENESS – REPEAT VS. NEW

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| Repeat Participants |               |                |            |
|---------------------|---------------|----------------|------------|
| 2015                | Self-Reported | Actual Results | Difference |
| Low/Ideal Risk      | 81%           | 80%            | 1%         |
| Moderate Risk       | 15%           | 13%            | 2%         |
| High/Very High Risk | 4%            | 7%             | 3%         |

| New Participants    |               |                |            |
|---------------------|---------------|----------------|------------|
| 2015                | Self-Reported | Actual Results | Difference |
| Low/Ideal Risk      | 67%           | 57%            | 10%        |
| Moderate Risk       | 21%           | 19%            | 2%         |
| High/Very High Risk | 12%           | 24%            | 12%        |

# AWARENESS VS. REALITY

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|                                     | Participants in High/Very High Risk Range |                     |       |           |
|-------------------------------------|---|---------------------|-------|-----------|
| Biometric Range                     | Self-Reported                             | Did not Self-Report | Total | % Unaware |
| Total Cholesterol<br>( $\geq 220$ ) | 21  | 43                  | 64    | 67%       |
| Glucose<br>( $\geq 126$ )           | 16  | 4                   | 20    | 20%       |
| Blood Pressure<br>( $\geq 141/91$ ) | 5   | 3                   | 8     | 38%       |

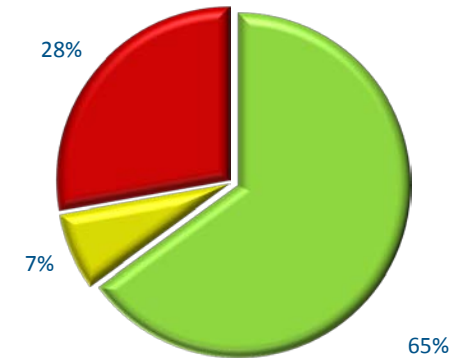


# TOTAL SCORE MIGRATION

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## Participant Score Change

|                   |     |
|-------------------|-----|
| ■ POSITIVE CHANGE | 252 |
| ■ NO CHANGE       | 28  |
| ■ NEGATIVE CHANGE | 108 |



- 2015 Average Score 81.1
- 1<sup>st</sup> Screening Event Average Score 76.0

# REPEAT BIOMETRIC AVERAGES

|                       | 1 <sup>st</sup> Screening Event* | Current Screening* | Change |
|-----------------------|----------------------------------|--------------------|--------|
| <b>BMI</b>            | 28.5                             | 28.5               | ---    |
| <b>WH Ratio</b>       | 0.90                             | 0.88               | (0.02) |
| <b>Blood Pressure</b> | 119/74                           | 113/72             | (6/2)  |
| <b>Cholesterol</b>    | 196.9                            | 185.9              | (11)   |
| <b>HDL</b>            | 56.1                             | 55.8               | (-0.3) |
| <b>LDL</b>            | 116.0                            | 106.0              | (10.0) |
| <b>Triglycerides</b>  | 118.3                            | 120.4              | 2.1    |
| <b>Blood Sugar</b>    | 99.9                             | 95.8               | (4.1)  |
| <b>Nicotine</b>       | 11%                              | 9%                 | (2%)   |

\*Based on repeat participants

# SCORE IMPROVERS

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- 104 participants improved their score by 10+ points from 2014 to 2015
  - 29 participants improved their score by 20+ points from 2014 to 2015

**Participant A** – Quit nicotine and lost 6% of body weight which led to significant improvements in triglycerides and glucose

**Participant B** – lost 13% of body weight which led to significant improvements in blood pressure, glucose and entire cholesterol panel

# WOW STORIES!

- At the time of our initial biometric screening, I had not seen a doctor regularly in about 35 years. The testing revealed me to be type 2 diabetic with elevated blood pressure, very high cholesterol, putting me in the high risk or very high risk category in these 3 areas. I got the news of this on Monday before Thanksgiving, seemingly adding insult to injury. I started regular visits to a physician and was placed on medication for all 3 conditions, drastically changed my diet and started exercising. Since then I've lost about 30 lbs, reducing the need of medication for the cholesterol and eliminating the need of medication for both high blood pressure and diabetes. **Though the initial news was not fun to get, I'm thankful for what was a much needed wakeup call.**

City of Moline Participants

# WOW STORIES!

- I lost 45.5 lbs and 10.4% body fat and 6.5” off my waist. (aka 21% of my total weight! Crazy!) Biggest motivation was checking in with Nurse Pam and seeing the numbers because you couldn’t physically tell a difference day to day, but the numbers were encouraging. **It was the awareness from the screening that really made me jump it into gear and realize the risks to my health if I didn’t get it under control.**
- The wellness plan caught my high cholesterol, potentially high blood sugar and helped me lose weight and get in better health. In my opinion, the Wellness program is a great program with many benefits beyond cost savings.

City of Moline Participants

# 2016 GOALS

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- **Participation**
  - Bring participant count to 470+
  - Communicate participation reminders throughout 2016
  - Since firm deadline was used last year, participants will likely sign up sooner in 2016
- **Reduce nicotine use among repeat participants**
- **Reduce average BMI of repeat participants below 28.5**
  - Wellness challenges/campaigns throughout 2016
  - If this goal is met, other averages should improve along with it
- **Run at least 1 challenge on myHC360.com**
  - Currently planning a spring challenge

# QUESTIONS?

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